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December 5, 2013

BOV votes to raise price of room and board next year

JESSICA SPENCER
Staff Writer

The University of Mary Washington's Board of Visitors voted 9-1 on Friday, Nov. 11 to raise the cost of student housing by three percent and dining plans by four percent for the 2014-15 academic year.

The price of board in Randolph, Mason, Alvey, Arrington and Willard Halls, the University Apartments and Eagle Landing will be raised the full three percent because of their updated amenities, such as air-conditioning. All other hall prices will rise two percent.

A double room in the University Apartments will rise three percent, or \$206, and will go from \$6,844 to \$7,050, according to the Free Lance-Star. Because they have not been recently renovated, the price of rooms in halls such

as Virginia Hall will rise two percent. The rise in price for a double room in Virginia hall will rise \$112, raising the overall cost from \$5,598 to \$5,710.

Virginia Hall is only undergoing a two percent raise because it was not updated recently.

The rise of price for room and board at the University has increased the past two years, and will be expected to increase for the 2015-2016 school year as well.

"The rise in price is from inflation of prices with utilities, Apogee, as well as the increase of pay of teachers that we are not given the money for. Some of the money for the dorms is put into a pot of reserve money to replace beds, carpeting and new paint," said Richard Pearce, vice president of administration and finance and the head of the room and board committee.

The BOV previously voted to increase costs of room and board for the current school year by four percent and

dining plans by two percent. "I understand the need for the school to increase the costs, but it is very frustrating to have the costs raised when we con-

"I would be alright with the school raising the costs of dining plans if they actually gave us healthy and diverse options."

- Caroline McCarry



Courtesy of University of Mary Washington

Residence halls that were recently updated will experience a three percent rise in price, while older halls will only rise two percent next year. Dining will go up as well.

cern, but must raise prices to stay competitive with other schools. "Our price of rooming is higher here than at other schools because we don't have as updated renovations as schools like CNU. We're around the middle of rankings with other schools which is where we want to be," said Pearce.

The rise in price of room and board affects all of the students at the university in different ways given the various financial situations of the student body.

"The increases makes the cost of my education rise,

which makes me have to spend less on the things outside of school," said Grambo.

The school makes adjustments to the price of living for students based on what expenses they project for the upcoming year. "The price of dining is expected to increase for the 2015-16 school year because we have to pay the debt services for the new dining hall, as well as, keeping up with the rise in price of food, which increases two to three percent each year. The pay for the em-

ployees also affects the prices of dining because it is state mandated, and we aren't given more money for it," said Pearce.

The increase in prices of living on campus give extra funds to the University to use at their own disposal.

"I think the money should be used to open more academic departments and to hire more teachers, as well as offering a wider variety of majors," said Grambo. "I think an increase for the following year would depend on what that money would be spent on.

Word on the street: How Are You Handling Finals Week?

Caroline McCarry
Junior
English Major



"I'm really counting on the Stress Free Zone. I won't make it through without the puppies."

Paige Miller
Senior
History Major



"I only have one exam, so I don't really have to handle it."

Kimberly Ellis
Junior
Psychology Major



"I'm trying to take it day by day and not think about it a lot. That way I won't get too stressed out."

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Police Beat

By MARIAH YOUNG
Managing Editor

Harassment

There were two cases of sexual assault reported on Nov. 19 at the 900 block of William St. The cases were referred to the Fredericksburg Police Department.

A student residing in Westmoreland Hall reported telephone harassment on Nov. 24 at approximately 11:30 p.m. The case is pending.

Fraud

There was a case of fraud reported on the 900 block of Williams St around 3 p.m. on Nov. 19. The case is pending.

Larceny

On Nov. 25 there was a larceny report on the 1200 block on Jefferson Davis Highway at 6:30 a.m. A separate incident occurred on the 1200 block of Jefferson Davis Highway at approximately 4:45 p.m.

Illegal Possession

A student, 21, was issued an administrative referral for the possession of a weapon on the 3 floor of Eagle Landing on Nov. 25.

A student, 18, was given an administrative referral for the possession of marijuana on Dec. 3 at approximately 7 p.m.

The information was compiled with assistance from UMW Police Manager James DeLoatch and Fredericksburg Police Department Public Information Officer Natalia Bledsoe.

The Bulletin will publish the names of students who are formally charged by the University of Mary Washington Campus Police or the Fredericksburg Police Department to have committed acts of extreme violence against members of the UMW community or pose a large threat to that community, when names are released to the public. The Bulletin will publish names and write articles about criminal acts on a case-by-case basis according to the aforementioned parameters.



Rory Woodward Bernstein the cat wants

YOU

to write for The Bulletin!

email:
newsxcrew@gmail.com

CORRECTION:

In the article "Student Senate Meets About Internet Concerns with Staff," it was indicated that Apogee conducted a survey about internet satisfaction. It was later clarified by Apogee that Residence Life conducted the survey, not Apogee.

RETRACTION:

In the Nov. 14 issue of the Bulletin, an article was published, titled "Bookstore to give ornament proceeds to amphitheater." The article indicated that proceeds from the Christmas ornament would go toward the bookstore and that "The UMW Alumni Association agreed to give a portion of the ornament profits to the renovation project in hopes of giving back to the UMW community and preserve the sight."

This information is incorrect. There is no mechanism in place for a portion of the sales to be donated to the renovation project and it is not donating a portion of the ornament profits to the renovation project. Additionally, Donna Raab's title is Executive Director of Advancement Campaign Initiatives, not Executive Director of Advancement and Campaign Initiative. The Bulletin apologizes for these errors.

Bachelor of professional studies to be discontinued

BRITTANY POLSON
Staff Writer

During the Board of Visitors meeting that occurred Nov. 14-16, the BOV voted to discontinue the bachelor of Professional Studies degree. The BOV has been in the process of absorbing the degree into other departments since 2010, with the aim of the degree being gone by 2016.

According to a report to the BOV prepared by Provost Jonathan Levin and Associate Provost for Academic Affairs Jon T. Morello, the BPS program included concentrations in accounting, computer information systems, geographic information science, information assistance and security, interdisciplinary studies and leadership and management. During 2010 committee meetings, the BOV discussed reestablishing these programs into existing departments.

In the 2010 meeting, they concluded that accounting, computer information systems and information assurance programs would be absorbed by the College of Business. Geographic information sciences was moved to the geography department in the College of Arts and Sciences.



Courtesy of University of Mary Washington
The BOV plans for the major to end by 2016.

Meanwhile, interdisciplinary studies remained an option within the bachelor of arts, bachelor of science and bachelor of liberal studies programs. After these decisions in 2010, students and faculty received letters detailing the re-arrangement of the internal structure and eventual intent to discontinue the BPS program entirely. According to the BOV report, by January 2011 a "teach out" plan was created, in which students were no longer allowed acceptance into the BPS program. By January of 2012, the

"teach out" plan was in place.

The decision to discontinue the BPS program is said to have no impact on full-time faculty and staff within the College of Business. Likewise, students who are currently enrolled in the BPS program will receive individual guidance to ensure that they are able to achieve the degree that began if they go past the 2016 program termination date.

"It's a good idea. I haven't heard of too many people pursuing a bachelor of professional studies and those specific concentrations all could easily be

related to a business degree," said business major Jack Eaton.

Waiting to ensure complete reorganization of the College of Business and to established graduation trends for the remaining students active in the BPS program, the BOV did not officially vote until the November 2013 meeting. With all remaining BPS students scheduled to graduate by 2016, the BOV voted to move forward with the intent to discontinue and formally submit it to the State Council of Higher Education for Virginia.

This Week's Campus Briefing: Finals Edition

*A guide to the events at the University of Mary Washington and Fredericksburg Community.
Compiled from information provided in the UMW newsletter EagleEye.*



Monday, Dec. 9

8:30-11 a.m.
12-2:30 p.m.
3:30-6 p.m.
7-9:30 p.m.

Classes taught 8:00-8:50 a.m., MWF
Classes taught 12:00-12:50 p.m., MWF
Classes taught 4:00-4:50 p.m., MWF
Classes taught 6:00 p.m., M only
Classes taught 7:00 p.m., M only
Classes taught 7:30 p.m., MW
Classes taught 8:30 p.m., MW

Tuesday, Dec. 10

8:30-11 a.m.
12-2:30 p.m.
3:30-6 p.m.
7-9:30 p.m.

Classes taught 8:00-9:15 a.m., TR
Classes taught 11:00-12:15 p.m., TR
Classes taught 2:00-3:15 p.m., TR
Classes taught 6:00 p.m., T only
Classes taught 7:00 p.m., T only
Classes taught 6:00 p.m., TR
Classes taught 7:00 p.m., TR

Wednesday, Dec. 11

8:30-11 a.m.
12-2:30 p.m.
3:30-6 p.m.
7-9:30 p.m.

Classes taught 9:00-9:50 a.m., MWF
Classes taught 11:00-11:50 p.m., MWF
Classes taught 2:00-2:50 p.m., MWF
Classes taught 6:00 p.m., W only
Classes taught 7:00 p.m., W only
Classes taught 6:00 p.m., MW
Classes taught 7:00 p.m., MW

Thursday, Dec. 12

8:30-11 a.m.
12-2:30 p.m.
3:30-6 p.m.
7-9:30 p.m.

Classes taught 9:30-10:45 a.m., TR
Classes taught 12:30-1:45 p.m., TR
Classes taught 3:30-4:45 p.m., TR
Classes taught 6:00 p.m., R only
Classes taught 7:00 p.m., R only
Classes taught 7:30 p.m., TR
Classes taught 8:30 p.m., TR

Friday, Dec. 13

8:30-11 a.m.
12-2:30 p.m.
3:30-6 p.m.
7-9:30 p.m.

Classes taught 10:00-10:50 a.m., MWF
Classes taught 1:00-1:50 p.m., MWF
Classes taught 3:00-3:50 p.m., MWF
Classes taught 5:00, 5:30 p.m. or any other time not listed above

***Don't miss the Midnight breakfast before finals! On Monday, Dec. 9 from 11:30 p.m.- 12:30 a.m.**

VIEWPOINTS

White House tests Journalism

The role of the press is to inform the public.

Whether a writer or photographer, we are here to seek the truth and report it. Pete Souza, the official White House photographer, reports news through compelling, informative photographs and his close relationship with President Barack Obama and other government officials gives him access to some of the most important moments in recent history.

It is due to this access that fellow photographers and journalists are now criticizing Souza for.

According to the New York Times, Souza's "privileged access" and the increased distribution of his photos in various media by the White House "is generating tension between him and the news photographers who are assigned to the White House."

In a letter to Jay Carney, White House press secretary,

organizations including the New York Times and the White House Correspondents' Association argued that other photographers are excluded from such intimate sessions with the president, while photos of the events, taken by Souza are later released.

The letter argued that independent journalism is being

Associated Press, said, "The core issue is the White House uses his images and disseminates them to the public, and they become the only historical document of events."

There is always a rush to report news first, but when the competition is inhibited, there is a major issue.

Though Souza is simply doing his job, the White House is explicitly showing him preference. When this exclusive access is continually denied to other photographers, the freedom of the press is limited.

Journalists have the right to report on the government, and they should receive equal opportunity for coverage. Providing certain reporters a level of access that is restricted to other others fosters a controlled media that clearly violates the press' constitutional liberties.



replaced with visual press releases.

The tension between outside and inside White House photographers has always existed, but is now squeezed by the rise of digital technology, especially in this case.

According to the New York Times, J. David Ake, assistant bureau chief for photos at the

Texting: the bane of social skills

LAUREN CORMIER
Staff Writer

Looking around the classroom, the movie theatre, a restaurant or any other public place it is always easy to spot at least one person with a phone in hand; today, our society has become accustomed to sending a text rather than calling or talking face-to-face.

The phone will ring, the ignore button is pushed and five minutes later a text is sent saying "Sorry, I missed your call-what's up?" Before caller ID and texting was even thought of, answering the phone, regardless of who was on the other end, was something done without hesitation.

According to a poll by the Pew Research Center's Internet and American Life Project, texting is the preferred mode of communication and a vital social tool. According to the poll, 75 percent of teens between the ages of 12 and 17 now have cell phones. This increased from 45 percent in 2004. Within the past

18 months alone those who say they text daily has gone up from 38 percent to 54 percent.

Texting is easier, as well as more convenient to cancel plans, confess feelings and quickly see how someone is doing through a simple, fast text. Although

Through text we cannot see body language, facial expressions or tone of voice. These are all lost between the sending and receiving of a text.

Many fear that texting also has negative impacts on grammar and writing.

Spell check is becoming relied on to correct misspelled words, and abbreviations and slang are being used more often than practicing correct English.

Texting interferes with the experience of language and developing a real face-to-face relationship. It is much

easier to tell your crush your feelings without looking them in the eye. This is the same for bullying or harassment as well. Texting makes it too easy to hide behind our words.

I challenge everyone to refrain from texting for even one day. Instead, call someone for a genuine conversation. Talk to someone in person. Keep good eye contact. This will only help us to become better communicators.

*This is not something
that will positively
affect our
communication skills
in the long run.*

proven to be very useful, people are turning away from traditional, emotional communication.

It is so easy to send a text to a family member in the room next door, instead of simply walking over there and having a real conversation.

This is not something that will positively affect our communication skills in the long run. In the job market or for personal relationships, in person encounters are important.

Black Friday starting earlier is an affront to Thanksgiving day

LAUREN CORMIER
Staff Writer

It's Thanksgiving evening; many families are settling down around the table to enjoy a large Thanksgiving feast. While others are on their way out the door to Walmart or other big retail stores to wait in line for a new big screen television.

Stores are opening earlier and earlier every year, but when will it be early enough? In Massachusetts, Rhode Island and Maine it is illegal for large retail stores to open on Thanksgiving.

It's the legacy of so-called "blue laws," which prohibit large supermarkets, big box stores and department stores

from opening on Thanksgiving and Christmas. This is a great idea that should be adopted around the United States, especially for the benefit of the workers at these retail stores.

Anyone who passed by the Fredericksburg Central Park Best Buy the weekend before Thanksgiving saw a tarp set up with someone patiently waiting first in line.

While it is true many people have fun doing this kind of thing, is the amount of money being saved really worth the pricelessness of a Thanksgiving spent with family and a home cooked meal.

I have done my fair share of Black Friday shopping and

agree that the deals are usually hard to resist, but I have never let it interfere with family time. Thanksgiving should be a time of giving thanks and reflecting on life and everything we

should be grateful for. "Black Friday," as the name suggests should be saved for Friday.

According to a 2006 MotherJones article, Bart Reed, Best Buy Co.'s consumer marketing

director, told the Charleston Gazette that the company decided not to open its stores any earlier than 5 a.m. on "Black Friday" because it wanted to give its employees a "work-life balance."

Then, five years later, Best Buy moved its "Black Friday" opening back to Thursday at midnight. This year, for the first time, it opened at 6 p.m. on Thanksgiving Day. There is a general trend of stores opening earlier and earlier every year.

Another very important issue associated with "Black Friday" is violence. The webpage, BlackFridayDeathCount.com, kept track of all deaths and injuries related to Black Friday shopping since 2006. The site

references disturbing reports of stabbings, car crashes, trappings and pepper sprayings. This year alone there was one death and 15 reported injuries.

Prohibiting stores from opening on Thanksgiving would be a great idea with more help than harm.

Hardcore shoppers would still be able to go out on Friday to get their merchandise and workers would not be bothered, with having to go into work, instead they could enjoy their Thanksgiving in full.

There is certain backwardness in having "Black Friday" take place Thursday evening and that is a problem that is only getting worse.



Courtesy of Flickr
Stores opened on Thanksgiving night this year for Black Friday.

Emotional cheating just as bad, if not worse, than physical

CAITLIN FAULKNER
Staff Writer

Emotional cheating, is the act of holding strong feelings for someone other than a romantic partner and it, can cause more damage to one's self and relationships than physical cheating.

In the her article "3 Sure Signs of an Emotional Affair," Tammy Nelson write that more than 70 percent of friendships can lead to flirtatious relationships and then to affairs.

There are many ways to tell if someone is crossing the friendship boundaries, Nelson's three signs include: sharing frustrations of a current relationship, testing the waters by flirting in a joking manner and contact at abnormal times.

Once one begins complaining about loved ones to another person on an emotional level, things become more personal. Once they know how unhappy the other

might be in their relationship, they might take it as a sign to deepen the relationship. Flirting is okay to an extent. Harmless flirting to make another person feel good is natural. However, constant and serious flirts, are a bad sign.

Contacting a friend at abnormal times could include late night texts or calls, "good

morning" texts or time that is supposed to be spent with the romantic partner.

From personal experience, emotional affairs do exist, and they can affect relationships more so than physical cheating.

The emotional stress alone can cause a loss of appetite and sleep as well as overwhelming guilt. Once physical cheating

occurs, it is over; there is no turning back, but it can be forgotten by the partner. Emotional cheating stays with someone at all times because the feelings for that person do not necessarily go away.

One of the most important solutions for emotional cheating is to tell one's romantic partner when it occurs. Once one lie is

told to protect a secret, the lies continue to unravel.

According to Gail Saltz, a psychiatrist and psychoanalyst at New York Presbyterian Hospital and author of "Anatomy of a Secret Life: The Psychology of Living a Lie," emotional affairs begin because there is something missing from the original relationship. Saltz suggests that

if the original relationship ends, a new relationship should not take place from the emotional affair because a new relationship should not start in deceit.

It is true that while in a serious relationship one can develop feelings for someone else as a result of something missing from their current relationship. Sometimes one loses interest and becomes unhappy.

I feel, however, that while relationships should not start with deceit, there is no sense in hurting another person and remaining completely alone.

If there are feelings for that person, then they must have the potential to make them happy when someone else could not.

Emotional cheating is dangerous, not only to a relationship, but to one's health.

It is important to recognize signs of uprising feelings for another person and to be careful with acting upon them. More than one person could be hurt, and, sadly, emotional affairs must end with hurting someone.



Courtesy of Flickr

It can be hard to draw lines between friendship and romance, but there are certain signs that allude to one being involved in an emotional affair.

The Bullet
Serving the University of Mary Washington
Community.

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We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to the *Bullet* at 1701 College Ave., Fredericksburg, VA, 22401-4666, delivered to our office in the Apartments Clubhouse or sent to our email at umwbullet@gmail.com

Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff. Contact the *Bullet* at 540-654-1133.

VIEWPOINTS

Bottled water option in the Nest poses threat to Green promise

JACOB EISENBERG
Guest Columnist

This past fall was the first time that the Eagle's Nest offered bottled water as part of a meal combo. While Sodexo stated a commitment to "Going Green," this decision demonstrates the opposite. As conscious students and consumers, we need to put pressure on Sodexo to reduce their bottled water sales.

Bottled water is bad. It is bad for the communities from which it is sourced, it is bad for the health and finances of consumers and it is bad for the environment. It is awful in absolute terms, but horrific when compared to the alternative.

Aquafina, the bottled water sold at The Nest, is obtained exclusively from municipal sources; that is, tap water.

Though their marketing and labeling suggest that it comes from pure mountain springs, it actually comes from the subsidized water supplies of Las Vegas, Phoenix and Denver among others.

These water sources were publicly documented on their website after public outcry over the company's lack of transparency in 2007. This creates an obvious breach of social justice: why should the taxpayers of these localities subsidize the profits of this Pepsi brand?

The water is bottled at its source and transported across the country to be sold to us. Both of these processes are incredibly energy intensive.

It is estimated that bottling water for the American market alone requires the approximate energy equivalent of more than 17 million barrels of oil, emitting 2.5 million tons of carbon dioxide.

To put this number in perspective, this is enough energy to power nearly 350,000 average American homes for a year and would require the full CO2 sequestration efforts of over two million acres of forest to reverse, as determined by the

EPA's carbon calculator.

Although Pepsi does not make its transportation schedules available to the public, estimates place the total energy needed to transport our country's bottled water at the same level as that required to produce it.

Imagine a meal plan holder goes to the Nest for a light, healthy meal. They order a "Burg," and for their side, a banana. The healthy drink options, however, are limited. Their choices: bottled water, a fountain soda or tap water. Aquafina is the obvious healthy choice, right? Not quite. While the negative effects of soda and other

high fructose corn syrup beverages are numerous, bottled water is not exactly benign. A well regulated and documented 1999 study by the National Resources Defense Council (NRDC), updated this year, found that of 103 water bottle brands tested, 26 contained dangerous contaminants in concentrations higher than permitted by California state regulations.

One of these contaminants is phthalate, a carcinogen known to disrupt human endocrine function. Phthalate is thought to leak from the caps of plastic water bottles over time and is not present in tap water. Despite efforts by the NRDC and oth-

ers, the FDA does not regulate phthalate levels in bottled water.

Fredericksburg's tap water has not seen any such contamination, according to their municipal water quality reports are publicly available on the web.

The final issue stemming from the consumption of bottled water is that of waste. In 2010, the EPA estimated that only 29 percent of plastics were recycled, with the rest ending up in landfills. Bottles not recycled will sit in a landfill for the next 450 years, piling up and increasing the space required to store water bottles and other solid wastes. Recycling bottles is not a perfect solution either. In addition

to the energy expended by recycling programs, the process degrades the quality of the plastic, creating waste itself.

Sodexo is not an oblivious business. Everything they do is highly calculated to ensure the continuation of their contract as UMW's exclusive food service provider while maximizing profit.

Even overlooking the negative externalities along the way, their sale of water bottles as part of the meal combo at the nest is not an efficient decision in pure financial terms; tap water in Fredericksburg costs 22 cents per 100 gallons with cups costing no more than a few cents themselves. A bottle of water will cost a minimum of fifty times that amount. Therefore, Sodexo's decision must be driven by a perceived demand of the student body.

We, as a student body, can show them that their perception was misguided. For the sake of the environment, American taxpayers, and your own health, stop asking for bottled water. Show them that their decision was misguided and that we care.

If you want to do more, the UMW Sustainability Office and associated student organizations will be launching awareness initiatives and dialogue with Sodexo about removing water bottles from meal plans in the coming months.



Plastic water bottles are detrimental to the environment by adding more waste and contamination.

Courtesy of Flickr

Athletes' criminal records hold greater impact in public eye

SAM KRENZER
Guest Columnist

One of the most inspiring stories to come out of the Olympics in recent memory was that of Oscar Pistorius, Pistorius a South-African double amputee, completed in the 2012 Summer Olympics in London in the 400-meter track event. Although he did not make the final, his bib number did. A competitor was so moved by his efforts that he exchanged bibs with Pistorius so that his number might appear in the final.

On Valentine's Day 2013, Pistorius was charged with the murder of his girlfriend in their shared South African home.

Another athlete, Aaron Hernandez was a star tight end for the New England Patriots. Heralded as one of the best tight ends of the current generation, he was a hero for many young fans.

Early this past summer, Hernandez was charged for first degree murder of amateur football player Odin Lloyd. Hernandez is also currently being questioned in regards to his involvement in a Florida lawsuit.

Pistorius and Hernandez are two extreme examples of professional athletes committing criminal acts during the height of their fame. In recent years, other high profile athletes once revered for their perseverance and skill committed acts which diminished their standing in the court of public opinion.

No one knew nor cared much about cycling before Lance Armstrong became a worldwide phenomenon. Not only was he able to conquer the rough terrain of the Tour de France, but he did so as a cancer survivor.

His "Livestrong" charity became a household name. When I was in middle school, everyone had to have a yellow Livestrong bracelet; it was the most popular fashion accessory. I still wear the bracelet my sister got me for Christmas more than five years ago. This proves the lasting impression and influence athletes have on their fans.

Alex Rodriguez was traded from the Texas Rangers to the New York Yankees in

2004. He, alongside longtime Yankees player Derek Jeter, essentially became the faces of a franchise looking to once again climb to the top of the baseball world. Since 2004 the Yankees have won one World Series; the Boston Red Sox, who were the runners-up in the battle to sign

Rodriguez, won three World Series since 2004.

Within the past year Rodriguez has faced sanctions from the MLB regarding his use of banned substances. According to CNN.com, Rodriguez was suspended in August for 211 games through a portion of the

2014 season. Rodriguez since appealed this sentence and was allowed to play until a final judgment was issued. Although he continued to play, his appearances even in his team's home stadium in the Bronx, New York was met with boos.

Accountability remains the biggest concern when addressing the issue of athletes who

break the law. On July 26, 2013 Business Insider ran a story on its website which listed all the NFL players who were arrested since the 2013 Super Bowl in February. Charges against the 27 players named, ranged from driving under the influence to resisting arrest.

Three players were arrested more than once, and one was

arrested twice in one day. Two players, Rolando McClain of the Baltimore Ravens and Al Netter of the San Francisco 49ers played in the most recent Super Bowl. Not every professional athlete gets in trouble with the law or the league that they play for, although, it seems that the proportion of those who do is increasing.

Those athletes mentioned and others like them demonstrated through their actions that they think of themselves as above the rules; that their social standing and wealth endows them with the ability to act however they choose. Such thinking is not only false, but it demonstrates a lack of respect for the fans who support them.

Many athletes act as if their talents are gifts the public are privileged to enjoy. However, it is the fan which allows the athlete to showcase his or her talents; it is the fan who allows the athlete to gain the monetary rewards of a successful career.

The question of how to punish athletes who possess the money and connections to work the system in their favors is often debated. Technicalities seem to play a larger role in holding athletes responsible for their actions than does the actual evidence for or against them.

Placing blame on persons other than themselves is now a common defense. As recently as October, Alex Rodriguez claimed he believed the drugs he received from a clinic were allowed under MLB guidelines and that it was the fault of the clinic that he ended up testing positive for banned substances.

Professional athletes need to be taught that before they are professional athletes, they are human beings, fathers, brothers and heroes for millions of fans.

Therefore, being a morally sound role model is more important than scoring that winning point or gaining even a fraction of an edge over an opponent.



Rodriguez faces allegations about his steroid use.

Courtesy of Flickr



Fans from opposing teams are ashamed of players' steroid use.

Courtesy of Flickr



Though Pistorius contributed greatly to the South African team in the 2012 summer Olympics, his murder trial case a shadow on his career.

Courtesy of Flickr

STYLE

Lawrence brings heat to theaters in ‘Catching Fire’



Courtesy of Flickr

Jennifer Lawrence, who plays Katniss Everdeen in the movie sequel to the Hunger Games, reaches for her bow as she prepares to start the test of strengths in the Quarter Quell.

SUZANNA TOSKE
Staff Writer

Lines of people trailed behind movie counters as eager young adults waited for the debut of “The Hunger Games: Catching Fire,” sequel to the famed “Hunger Games” series, on Nov. 22. In the film, heroine Katniss Everdeen and Peeta Mellark, the “baker’s boy” partook in a victor’s tour, where they visited all the districts to give honorable speeches for the dead tributes from the 74th Hunger Games, the event of the previous movie. President Snow, fearing Katniss’s ability to fuel an up-

rising among all the districts and ruin the system of Panem, visited Katniss and threatened her by providing an ultimatum: convince the entire nation that Peeta and her were deeply in love or else everyone she cared about, including Peeta, would be in grave danger. Unfortunately, Katniss failed to do so. Because of Katniss’s inability to impede the rebellion, Snow schemed to have all the past Hunger Games victors battle in the “Quarter Quell,” an extra special Games that rolls around every 25 years. Katniss’s and Peeta’s mentor, Haymitch, thought their best

chance to survive the games was to form alliances with the competitors. The two “lovers” joined forces, through the plans of Haymitch, with Finnick and his partner, Mags, as a strategy to win the games. As the game continued,

more members joined the alliance. Together, the alliance realized the arena was set up as a clock, wherein each hour a different trap occurred in a section of the arena. Film director Francis Lawrence captivated the audience with the cinematically engaging scenes with the use of vivid costumes and haunting graphics of poisonous gas and baobabs and that made viewers feel the fear of the tributes. Isabelle Eastham, a junior psychology major at UMW, said, “I am a huge fan of the books and after seeing how well they did with the first ‘Hunger Games’ movie, my expectations were high and were definitely met.” Jennifer Lawrence (Katniss) stepped up her acting game to portray the evolution of a fragile girl to a determined, strong woman.

While the audience was emotionally invested with Lawrence’s character, one could not help but feel emotionally tied to Peeta (Josh Hutcherson), as well. Lawrence and Hutcherson played off each other and created a dynamic and real relationship, complete with all of the emotions resulting from their twisted situation. “I am forever a Peeta lover. Therefore, their relationship exhausts me,” said Eastham. “I am looking forward to the third movie but don’t ever want them to end!”

“I am looking forward to the third movie but don’t ever want them to end!”
-Isabella Eastham

PAC brings big talent to the “Big Show”

STEPHANIE VASQUEZ
Staff Writer

Students and faculty filled Dodd Auditorium on Saturday, Nov. 16 and Sunday, Nov. 17 for the Performing Arts Club’s (PAC) annual “Big Show,” showcasing a number of routines including a special performance on bullying. PAC’s final performance of the semester was entitled “Eugenius,” after Eugene Roscoe, who worked at university as a professor of dance inspiring fellow staff members and students. As a way to honor his legacy at UMW PAC decided to name their fall “Big Show” in memory of Roscoe. Students in PAC, alumni of the university and UMW dance teachers choreographed the dances. The dances spanned multiple genres, such as hip-hop, jazz, modern and contemporary dancing. A dance studio from New York called the Coleman Teen Dance Company (CTDC), joined UMW’s PAC for a special performance on bullying. One of the most interesting performances showed a conversation between friends on a social media site. As the conversation went on, the dance team portrayed the emotions of a victim being bullied. The dancing got more intense as the girl was harassed, and the dancers showcased their ability to mime a story through dancing. “I always look forward to dancing in the Big Show every semester,” said Chelsea Kopf, a junior business major and PAC treasurer. “There is no better feeling than performing alongside all of my closest friends.” The PAC show that happens twice a year on campus, in both the fall and spring. Performers practice multiple times a week



Courtesy of Gina Noh

Members of the UMW PAC team dance to a mash up “The Pink Panther” theme song, “Sexy Back” and the “Mission Possible” theme.

“I am planning on getting my masters in arts management so I can one day run my own dance organization. Winning this scholarship was not only a honor, but a stepping stone towards my education.”

-Lauren Armstrong

in order to prepare a perfect show for the audience. “It was so much fun. I’m so glad I joined the Performance Arts Club because I met a lot of new people and it gave me a new appreciation for dance. I

am going to miss all the practices,” said sophomore Mica Deasis. Along with the performances, both senior Gina Noh and junior Lauren Armstrong were awarded scholarships for their

skills and dedication to dancing. Noh and Armstrong received \$1,500 to use toward their education at UMW. “I learned how to dance at UMW. I am so honored and privileged to be recog-

nized for this scholarship,” said Noh. “This scholarship proves that I absolutely, undoubtedly with all of my heart and soul love to dance.”

Staff Picks: Favorite ways to de-stress

- Read
- Solitaire
- Bubble Baths
- Eating
- Exercise/Meditation
- Twister
- Sleep
- Netflix
- Knitting
- Pizza
- Puppies

STYLE

The American Music Awards: A night to remember

VICTORIA JONES
Staff Writer

The American Music Awards (AMAs), which aired on Nov. 24, drew the attention of millions of Americans, but what is the hype over this one particular award show?

It is a combination of the crazy performances and the fact that the fans drive the votes and decide who the winners will be. Social media and texting calculate the votes of who fans think should win the awards.

One Direction opened the evening with one of their hit singles, "Take Me Home." Harry Styles, a fan favorite, graced everyone with his spot on vocals and the performance made the teenage girls in the audience go crazy.

One band in particular that stood out amongst the rest was Imagine Dragons. They started their performance with the song "Demons" and faded into the hit "Radioactive." This was probably the best part of the evening. Lead singer, Dan Reynolds sang his heart out and traveled across the stage, keeping the audience engaged.

In the middle of the song, Reynolds dropped the vocals and began playing multiple sets of drums that were set up around the stage. The band definitely displayed a wide range of talent and effort and it proved to be the performance of the night.

"I saw the Imagine Dragons

live last year and they were amazing. Their performance at the American Music Awards was just as impressive. I would have loved to have been there," said senior business major Amanda Miller.

Taylor Swift had a successful night, taking home, four awards, including "Artist of the Year." Justin Timberlake, Luke Bryan and Ariana Grande also won awards and performed that night.

Rihanna made history win-

ning the first ever Icon Award. This award is given to an artist, who proved to work hard, constantly put out amazing work and is one the musical voice of this generation. It was definitely a heart-warming moment of the show, as Rihanna's own moth-

er came on stage to give her daughter the award.

"Rihanna deserved the award, she has worked hard to overcome personal challenges while still producing iconic music," said senior business major Maggie McGraw.

The AMAs proved to be a night full of shocking performances and moments that left social media buzzing. From Gaga to Miley, it was a night to remember.



The members of One Direction performed their smash hit "Story of My Life" at the American Music Awards on Nov. 24 on ABC.

Courtesy of YouTube

SHHoping for the holidays can be for a good cause

WILLIAM HURLEY
Staff Writer

The first annual Students Helping Honduras Thrift SHHop was held as a fund raiser for students who are going to help overseas in Honduras, in the Great Hall on Nov. 22, from 11 a.m. to 5 p.m.

Randi Crabbe, a junior psychology major, organized the event with the help of SHH members and other university organizations. Student Activities and Engagement (SAE) donated tables, which could be rented for \$15 by students and \$20 by off-campus organizations. The proceeds of both table sales and sales of items went toward the fund raiser.

Clothes were donated from SHH members, students outside the club and members of the Fredericksburg community. The large amount of donations allowed SHH to meet their intended goal of \$150 within a few hours of opening.

"We have an enormous amount of support outside the club itself," said Crabbe, noting the success of other events SHH hosted in the past such as The Halloween Costume Contest. According to Crabbe SHH also has fund raisers planned for spring, including a 5K run and a volleyball tournament that aid in funding for the annual trip to Honduras.

SHH was founded at the University of Mary Washington in 2008 by Shin Fujiyama. The group fund raiser year-round for donations to send students to assist in construction projects for less fortunate individuals in Honduras. Since 2008, the organization spread to dozens of universities and high schools all across the country. UMW continues to be one of the strongest supporting schools of the organization, paying homage to the university's roots as the founding chapter.

Last year UMW students

built a children's home for girls, one of the many successful projects completed by the club. Several shoppers at the event noted the club's level of dedication and compassion. Even individuals who were not as familiar with SHH's history at the university recognized the hard work the club was putting in for a good cause.

"I like that it kind of feels like Goodwill, in a way," commented Gabby Lindemann, a junior historic preservation major. "Even if I don't necessarily like anything, I would still buy it just because of the good cause."

The event brought in a multitude of shoppers over the span of the day. The donations of both clothes and money will aid SHH in their goal of sending more students to Honduras and showing the support and strength of UMW's community. Students from the organization will also travel to Honduras over winter break for the annual trip.



Members of SHH held a thrift shop in order to raise money for their annual service trip to Honduras.

Courtesy of Randi Crabbe

DIY Dorm Rooms: Decorative Snowflakes



Courtesy of Nicole Contrino

NICOLE CONTRINO
Staff Writer

As fast as they may have snuck up, finals are upon us once again. After finals survival comes winter break and the

cheer of another snowy season. The stress of finals can make us all a little crazy, so take that much-deserved break to procrastinate and make these easy to create snowflakes. It will add holiday and winter cheer to your

room while giving you a chance to de-stress. Made from wooden sticks, and a little hot glue, these snowflakes will be sure to get you ready for snow boots and fluffy winter coats.

Start to glue the sticks together. You can create the snowflakes in any type of pattern that you choose. Remember that each snowflake is different, so do not stress if they do not all look the same. Once you have your design, let your snowflake dry for at least 30 minutes. This will allow the glue to dry enough so you can flip the sticks over and paint both sides. It is much easier to paint your snowflake if it stays in one piece. Once you are done painting, tie string to the top. This will make it easy to hang anywhere you chose. There you have it! You just created a very simple way to give your room a little holiday cheer.

THE SUPPLIES YOU WILL NEED:

- Wooden, popsicle sticks (thin or thick, both work well)
- Glue gun
- Craft paint (optional)
- Paint brushes
- String

Happy Holidays from the Bullet!

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EagleVision contest inspires school spirit



Courtesy of University of Mary Washington

The EagleVision contest will award the winner 15 basketball tickets and a catered meal in the presidents box.

COLEMAN HOPKINS
Staff Writer

The University of Mary Washington is hosting a school spirit video contest that will be sponsored by EagleVision. Winners of the contest will receive 15 tickets to a UMW basketball game with full use of the president's box.

According to Melina Downs, UMW's media manager, the contest is based on a previous event.

"Dre Anthes, director of graduate admissions, originally came up with this idea for UMW faculty and staff to showcase their spirit at UMW during the annual faculty/staff fall luncheon," said Downs. "I met with Dre, and we thought it would be fun to have the same contest for UMW students."

EagleVision is still a relatively new program at UMW, and many students

are unaware of its purpose.

"One goal of EagleVision, the new digital signage program at UMW, is to create an avenue for better communication with students. We want students to use the EagleVision system to get the word out about their events and programs," said Downs. "Through this contest, we'd like to get the word out about EagleVision while also getting students to come together and show their UMW spirit."

The contest began in November and will run until January 14, and the winner will be announced at the end of the month. As the contest is geared towards students, the winner will be decided through text message responses to a live poll. The prize will be awarded to the video with the most votes.

Downs said the video must showcase UMW spirit.

"Of course, we also ask

that all submissions follow the EagleVision guidelines listed on the website," said Downs.

There is no sign-up fee associated with the contest, it is simply a means to get students involved with campus and to have a good time in celebrating the school's community and pride.

"The winner will have the opportunity to invite 15 guests and have a fully-catered gathering in the president's box," said Downs.

Downs said she is optimistic about the future of EagleVision and of the potential it has to bring the student-body together and to celebrate the things that make UMW so great.

"I'd love for the EagleVision system to become the go-to source for students seeking information about events on campus. We have so many wonderful capabilities with this new system that we've never

Honorable Mentions: The Success of the UMW Professional Community

The professional endeavors of the professors, administrators and faculty of the University of Mary Washington. Compiled from information provided in the UMW Newsletter, EagleEye.

Marie McAllister,

professor of English, presented her paper "Addicted to Fame: Maria Edgeworth's Belinda" at a conference of the Aphra Behn Society, which focuses on the study of women and gender in the arts during the 1660-1830 era.

Roberta Gentry,

assistant professor in the College of Education, presented at the Council for Exceptional Children Division on Career Development and Transition conference in Williamsburg, Va. on Nov. 15. Gentry presented her chapter on Academic Assessment in the book she co-authored, titled "Demystifying Transition Assessment." In addition, Gentry presented her work online at the sixth International Conference on Education, Research and Innovation in Seville, Spain that took place Nov. 18-20.

Tim Owens and Jim Groom,

from the Division of Teaching and Learning Technologies took part in a presentation on Reclaiming the Open Learning Environment on Nov. 6. Owens and Groom focused on the "Domain of One's Own" initiative that they are implementing at UMW.

Sally Scott,

director of the office of disability resources, co-authored a chapter in the American Association of University Supervisors and Coordinators essay, "Issues in Language Program Direction." Scott's chapter is called "Second Language Learning as Perceived by College Students with Disabilities," which focuses on a series of studies done to further knowledge of how students with disabilities learn languages.

Dawn Bowen,

from the department of geography won the award for Excellence in Teaching from the Southeastern Division of the Association of American Geographers conference that took place this year in Roanoke, Va. Bowen was also the UMW Simpson Award Winner in 2012.

Janie Lee,

assistant professor in English, linguistics and communication, attended the Annual Meeting of the American Anthropological Association in Chicago. While there, Lee presented her paper "Regulations of U.S. Citizenship Through Embodied Forms of State Authority and Heteroglossic Discourses in Citizenship Education."

er had before. Right now, we have more than 50 TV screens across campus available to students where they can promote their organizations and events."

Though this is the first contest that the University has created through EagleVision, the staff is hopeful that it will not be the last. "Depending on the response,

we'd love to make it a contest that gains momentum each year and that everyone highly anticipates," said Anthes.

Local Politics

Mark Herring wins Va. attorney general race, recount to be announced



Courtesy of Flickr

Obenshain lost to Herring by less than 200 votes. Due to the small margin of victory, Obenshain requested a recount.

Staff Writer

Mark Herring won the Virginia's attorney general race, according to the State Board of Elections. Mark D. Obenshain, the Republican candidate, lost the election by 165 votes, according to the Washington Post.

The recent win gives Democrats control of the statewide offices, including Gov.-elect Terry McAuliffe and Lt. Gov.-elect Ralph S. Northam.

Obenshain, a state Senator from Harrisonburg, did not re-

quest a recount immediately but did later in the day the results were declared. The recount is set to start on Dec. 17 and 18 and is expected to be the state's most "extensive recount ever in the closest statewide race in modern political history," according to ABC7 news channel.

Because Virginia does not have an automatic recount system, a candidate may ask for a recount if the victor's margin is less than one-half of one percent. The cost of the recount will be placed on the voters because

the margin is so close. Currently, Herring has a 0.007 percent lead over Obenshain, 1,103,777 compared to 1,103,612.

The recount will include electronic reading machines, optical scanner and touch-screen ballots.

According to ABC7, "They will be looked at closely in a recount to determine whether that was intentional or an error in casting a vote. Absentee and provisional ballots will be counted by hand."

Five assistant professors awarded Jepson Fellowship grant

LILY WRIGHT
Staff Writer

Five University of Mary Washington faculty members from various departments were accepted into the Jepson Fellows program on Nov. 14 and 16.



Courtesy of University Relations
Wei Chen.

idea that it would help faculty receive tenure at the university.

Courtney Clayton, assistant professor in the department of curriculum and instruction, is one of the professors awarded the fellowship this year. She is currently in her fifth year at UMW, and her project proposal is to prepare teachers obtaining their master's degree to work with students who are English Language Learners (ELL).

Clayton teaches an ELL specialization seminar and was interested in observing the impact her seminar has on her students in preparing them to teach ELL students.

"The students are not going to be ESL teachers; but rather, they will be classroom teachers

who will encounter many more English Language Learners in their classrooms than ever before," said Clayton. "In fact, the surrounding counties of Stafford and Prince William have seen major growth in their ELL population, and that is why I am

so committed to preparing our students to work effectively with that specific population," said Clayton. Another fellowship recipient was Wei Chen, assistant professor in the college of business, who is working on a project

to help with entrepreneurs in their first two years of work. Assistant Professor in the College of Business, Chris Garcia, also received the award. Garcia has proposed a project that seeks to improve the social media outreach of organizations. The project is designed to help organizations "determine which types of messages and outreach patterns are the

most effective," Garcia said.

Garcia has worked at UMW for three years, and spent the last year planning this project.

"I am super excited and also extremely grateful for this opportunity. This topic is something I am really interested in,

and I am very excited to have the opportunity for additional research time to do focused work in this area," said Garcia. "With so many talented faculty at UMW I feel very honored to be selected for this fellowship."

Hai Nguyen, an assistant professor of physics, proposed

a project involving atomic, molecular and optical physics. The purpose of his project is to study the way atoms interact with other materials. "We are playing with the way the atoms refract the light. The larger the refractive index of the material, the slower the speed of light in that medium," said Nguyen.

The final recipient was As-

stant Professor in the college of Business Xiaofeng Zhao, who is working on a project that aims to apply the theory of constraints to other factors, such as lean supply chain, supply chain integration and supply chain risk management.

"Supply chain management is a systematic, strategic coordination of the traditional business functions within a particular company and across business within the supply chain for the purpose of improving the long-term performance of the individual companies and the supply chain as a whole," Zhao said. "As more companies achieve competitive advantages through supply chain management, lean supply

chain, supply chain integration and risk management have become important topics for practitioners and academics."

The Jepson Fellows is a valued tradition at UMW and is not only prestigious, but useful for newer professors.

"Faculty at UMW carry pretty significant teaching loads, and they provide a lot of hands-on attention to students. This program recognizes faculty, especially early career faculty, who also have strong research programs, and gives them an opportunity to balance their research and teaching through the course of one academic year," said BOV Provost Jonathan Levin.



Courtesy of University Relations
Hai Nguyen.



Courtesy of University Relations
Courtney Clayton.



Courtesy of University Relations
Xiaofeng Zhao.



Courtesy of University Relations
Chris Garcia.

SPORTS

Student Spotlight

Men's Basketball senior succeeds with 1,000 points scored

ADAM HAGER
Staff Writer

For the last four years, no player has made more of an impact on the Anderson Center hardwood than senior guard for the men's basketball team, Brad Riester. Just a few games ago, Riester reached the 1,000 point mark for his career, and at 22.8 points per game through five games so far this season, he isn't slowing down anytime soon. Tuesday morning, Sports writer Adam Hager sat down with Riester to talk about his life, his game and what lies ahead.

Adam Hager: What was your transition to college like? How was the pace of play different for you, having to start right away as a freshman?

Brad Riester: We ran in high school and had a pretty athletic team but, still, college is a whole different speed. Everyone plays harder. You might get an open shot, but you might be gassed and brick it, so you have to get used to just going hard all the time. Shooting when you're tired, playing when you're tired, and everyone plays defense. It's a lot harder.

AH: How come you chose to come to the University of Mary Washington?

BR: I guess because it was close to home, and I thought I would get the opportunity to play right away and that's pretty much what I wanted. It's also a good school, a good degree. So it's not like I'm going somewhere just for basketball then I don't have a good degree.

AH: You started right away as a freshman, right? What was that like for you, playing against guys that already had a bunch of experience at the collegiate level?

BR: I guess I competed kind of well, but I didn't really know what I was doing. I was just out there running around. I didn't really have much structure to my game, and that's one thing I've tried to work on.

AH: How have you improved as a player since then?

BR: I think I had to learn to be consistent on defense and go hard all the time. And just learning the game, learning the right

times to do things. The right times to shoot and the right time to pass. Just basic basketball IQ stuff.

AH: You guys play Frostburg State tomorrow. If I were to go ask their coach what he has on

are you doing that?

BR: Just knowing when and where I can get my shots. And if they try to take away certain shots, knowing how to adjust and what the openings will be. That has come from playing for Coach Wood and getting older.

to grow a lot as a player and a person. He looks out for his players.

AH: He seems like he's pretty tough on you guys on the court.

BR: That's how you know he cares a lot, which is good. I'd

young guys this year. We still have a lot of returners, so we're able to do what we do as a group and pull the new guys along, show them what we're doing. They all go hard, and they are all talented. It's pretty exciting.

twice, but come tournament time, we lost, and it stings. I thought, I only have one more year. It added a sense of urgency.

AH: What is this team like off the court?

BR: We're all really good friends. I would guess most teams aren't like that. We all hang out, on the court, off the court, all the time. We have a lot of fun together.

AH: Out of all the players who have been in the program the last few years, it seems like Coach Wood consistently gives you a lot of minutes. How have you been able to earn that trust with him?

BR: One thing he says is he'll go with what he knows. So he knows what we can do. He'll look at us and after one year, he knows what we can and what we can't do.

AH: What are your expectations for the rest of this season, for you and for the team?

BR: To win a conference championship. That's what it's always been, you know? Whatever I get along the way is nice, but for my senior season I just really want to play in the NCAA tournament; I've never been. I know we have a competitive conference, but our team is looking really good.

AH: What type of legacy do you hope to leave at Mary Washington?

BR: I hope that people would say we had one of the best teams that's ever been at this school and that people would remember how we played, how close we were, how hard we played. We always have good energy and we love playing, so hopefully everyone will remember that.

Riester is a senior English major and a starting guard for the men's basketball team. After graduation he said he would ideally like to get paid to fish. Realistically, he plans on working for an insurance agency here in Fredericksburg starting next fall. You can watch Riester and the rest of the Eagles next Saturday, Dec. 14 at the Anderson Center as they take on St. Mary's at 3 p.m.



Courtesy of UMW Athletics

Brad Riester helped push the men's basketball team past NC Wesleyan last Tuesday, winning the game with a final score of 93-68.

the scouting report for you, what do you think he'd tell me?

BR: Probably that I have the green light to shoot; shoot from deep, shoot from anywhere. And to close out, try to make me go to the basket, I guess.

AH: It seems to me, just from watching college ball, that for guys who have the green light typically shoot maybe 35 percent from three point range and maybe 41, 42 percent overall. You are shooting 49 percent from the field this year in five games. How

AH: Speaking of scoring, you reached the 1,000 point mark not too long ago. What was that like?

BR: It was nice. And I think the way I did it was good too because we beat a good team and we just had a really good game as a team. It was a lot of fun.

AH: What is your relationship like with Coach Wood?

BR: It's good. I'm sure I can frustrate him at times, but he's given me a lot of good opportunities as I've said. I've been able

rather have that than have someone that doesn't really say much. He invests a lot. He knows his players well. We don't really see it as being tough on us because we know he is just pushing us.

AH: You have a bunch of guys this year who have a lot of experience and some who are new. You, senior guard Taylor Johnson, and senior forward Dylan Farinet have been around for a while. What is it like playing with a bunch of new guys?

BR: We have a lot of good,

AH: Do you see yourself as a leader and mentor, having a bunch of young guys around?

BR: Yeah, trying to be. You know, [the older players] know what to expect, what everything entails.

AH: How did losing in the conference tournament semifinals motivate you for this year?

BR: It hurt. It was [against] a team, St. Mary's, that's always in the top 15 in the country, but we always compete with them. I think we beat them once or

Fall Season Summary

Women's Soccer

Earlier in November, the team finished with a 10-10 overall season, losing in the Capital Athletic Conference tournament semifinals. The ladies won the first round against St. Mary's College 1-0, but lost 3-1 against York College.

Men's Soccer

Earlier in November, the team finished with a 12-7 overall season, losing in the first round of the CAC tournament against Frostburg State 1-0.

Field Hockey

The lady Eagles finished their season with a 15-3 overall season. They lost in the tournament semifinals 2-1 against Salisbury University.

Volleyball

The Eagles finished their season with a 17-12 overall season, losing in the CAC tournament semifinals. The ladies won the first round against Frostburg State 3-0, but lost 3-2 against Salisbury University.

Upcoming Games

Women's Basketball

Saturday, Dec. 14 vs. St. Mary's College at 1 p.m.
Wednesday, Jan. 15 vs. Christopher Newport University at 6 p.m.
Saturday, Jan. 18 vs. Penn State-Harrisburg at 1 p.m.

Men's Basketball

Saturday, Dec. 14 vs. St. Mary's University at 3 p.m.
Wednesday, Jan. 15 vs. Christopher Newport University at 8 p.m.
Saturday, Jan. 18 vs. Penn St.-Harrisburg at 3 p.m.



Courtesy of UMW Athletics

Women's basketball is currently 4-1 in their season with many games to come.

SPORTS

In the endzone: Seattle Seahawks secure in playoffs at home

NATHAN MARKLE
Staff Writer

After a devastating loss on Monday Night Football, Drew Brees, New Orleans Saints quarterback, faced the facts and told the media that the road to the Super Bowl will be paved through Seattle, not New Orleans. The Seattle Seahawks took the win Monday, beating the visiting Saints with a 34-7 blow-out. Brees was correct. The Seahawks (11-1) own the best record in the NFC and have home field advantage on lock down.

The potential of a Seattle home field advantage should terrify the other NFC contestants. Russell Wilson, Seahawks quarterback, has yet to lose at home in his career, with a perfect 14-0 at CenturyLink Field. That statistic says enough about the Hawks' chances in the playoffs, but it goes beyond that.

This team is built for a postseason run. Time proved that the blueprint for surviving postseason football is to play great defense and to find a way to run the ball. The Seahawks arguably do those two things as well as anyone.

Regarding defense, when at home, Seattle allows on average a menial 14 points per game to their opponents. It is nearly impossible to defeat a playoff team while scoring 14 points.

The Saints were anointed one of the premiere offenses in the league, yet they could only man-

age seven points in Seattle. How could less offensively talented teams like the Philadelphia Eagles or the San Francisco 49ers hope to pose a threat in the playoffs?

In the run game, Seahawks running back Marshawn Lynch is sixth in rushing yards right now. "Beast Mode" also put up nine rushing touchdowns.

Lynch rose to superstar status in recent years, and it is for good

scrambling capabilities of Russell Wilson. Still not convinced? The Seahawks finally have strong athlete Percy Harvin available for reverses, screens and all sorts of other plays.

As Brees can attest, nobody wants to travel to Seattle for an elimination game, and the fans may be the team's most vital asset.

The beloved 12th man is in full affect this season. During Monday night's game the crowd created such a ruckus that decibel levels topped that of a jet engine roaring at full power.

The last time there was a playoff game in Seattle the fans were so boisterous they shook the earth—literally. Seismic activity was measured to have occurred immediately outside the stadium.

The Seahawks might be the scariest team going in to the home stretch, even more frightening than Manning and his weapons.

Passing game can be slowed in cold, intense playoff atmospheres. Defense and the running attack are better suited for the playoffs, especially if you excel at those things the way Seattle does and you are ensured home field.

The rest of the NFC has its work cut out for it. Going into Seattle to play the Seahawks during the playoffs will be like heading into dreamland to fist fight Freddy Krueger. Good Luck!



reason. He runs just as hard, maybe harder, than any back in the league.

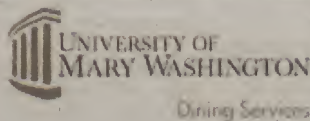
Once the postseason is here, the Hawks could have Wilson turn and handoff to Lynch 30 plus times a game and punish the opposing defense. There is not much an opposing defense can do, especially not once the Seahawks' Pro Bowl littered offensive line heals up.

Also, the defense will have to contend with the roll-out,



Courtesy of Wikipedia

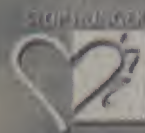
Seattle Seahawks quarterback has a perfect 14-0 record of winning games at from his home field.



Campus Dining

**WE COLLECTED
OVER 3,500 POUNDS
OF FOOD IN THE
STOP HUNGER FOOD
DRIVE!**

**Our thanks to the Giant
Food Store, the UMW
Bookstore, everyone who
made donations, and the
UMW ATHLETES!**



www.HelpstopHunger.org

The UMW Athletes distributed and picked up donation bags in campus neighborhoods, manned donation tables at the Giant Food Store, transported food to Seacobeck, and helped load the donations on the trucks for the Fredericksburg Area Food Bank! Thank you to Philip Pierce for organizing the student athlete effort, and to every team and coach who helped make this food drive such a great success!

COMING NEXT WEEK FREE MIDNIGHT BREAKFAST!

Monday, December 9th at Seacobeck
11 p.m. to 12:30 a.m.
Hot Breakfast for all UMW Students.
Music & Prizes!

Food Truck Notes

The EagleExpress Cart is on vacation until spring.
(The battery doesn't work in cold weather!)

Wholly Habaneros is temporarily out of service for repairs.
We will post a note on our web site when it is back in service.
www.umwdining.com